

# St George's Catholic Primary School

At St George's we grow in Body,  
Mind and Spirit.

## School Prayer Book



## Year 1 and 2

### **What is prayer?**

We pray when we talk and listen to God.

There are many different prayers we can use.

We can pray privately on our own or we can pray with others  
in a group.

We can pray within our family or with our friends.

### **Where can we pray?**

We can pray anywhere: in church, at home, at school or any  
other place such as while travelling or waiting somewhere.

God is always ready to listen and talk to us.



## Sign of the Cross

*The sign of the cross is our most special Christian sign. We make the sign of the cross at the beginning and end of many things we do.*

In the name of the Father and of the Son and of the Holy Spirit.

Amen

## Hail Mary

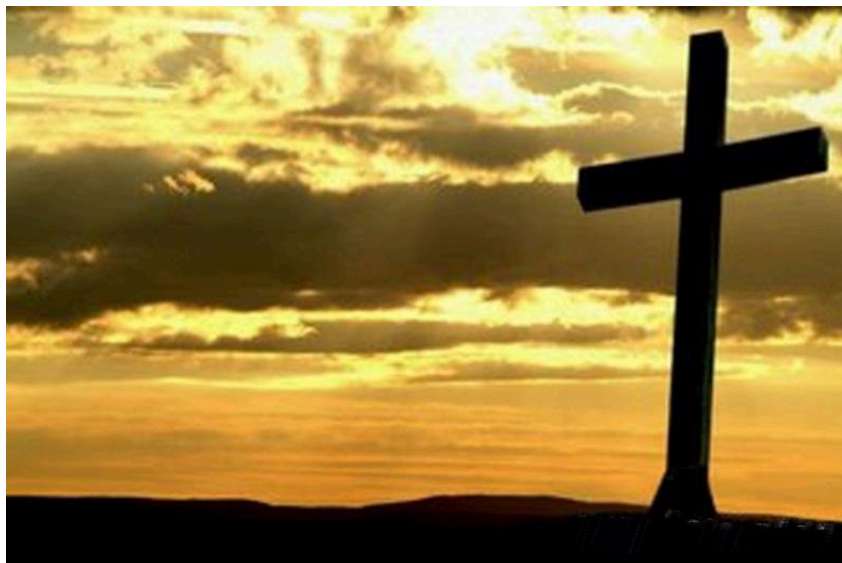
*The first part of the Hail Mary was said for the first time by the Angel Gabriel. The second part was said by Elizabeth when Mary went to visit her.*

Hail Mary, full of grace, the Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners now and at the hour of our death.  
Amen

## Our Father

*When one of the disciples asked Jesus how to pray, He taught us the  
Our Father prayer.*

Our Father,  
Who art in heaven,  
hallowed be Thy name;  
Thy kingdom come;  
Thy will be done on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
Amen



### Morning Prayer

Help me to do the things I should,  
To be kind to others and good,  
In all I do at work and play,  
To grow more loving every day,  
Amen

### Prayer before lunch

Bless us, O God  
as we sit together,  
Bless the food we eat today.  
Bless the hands that make the food  
Bless us, O God  
Amen

### Home time Prayer

Thank you God for my nice day,  
For fun and friends at work and play,  
Thank you for your loving care,  
At home, at school and everywhere,  
Amen

## Prayer for the Sick

Dear Lord,  
We pray for all our families and friends who are sick  
that they may feel God's love,  
Amen.

## The Lord be With You

The Lord be with you,  
And with your spirit.

### The Rosary

*The Rosary is a prayer to Mary. It consists of 5 decades, each beginning with a short thought about one of the mysteries. In each decade we say 1 Our Father, 10 Hail Marys and 1 Glory Be. We can use the Rosary beads to help counting. There are 4 sets of Mysteries.*

### **THE JOYFUL MYSTERIES**

1. The Annunciation to Mary.
2. The Visitation to Elizabeth.
3. The Nativity (Birth of Jesus).
4. The Presentation of Jesus in the Temple.
5. The finding of Jesus in the Temple.

### **THE LUMINOUS MYSTERIES**

1. The Baptism of Jesus in the River.
  2. The Wedding at Cana.
3. The Proclamation of God's Kingdom.
4. The Transfiguration of Jesus.
5. The Institution of the Eucharist.

### **THE SORROWFUL MYSTERIES**

1. The Agony in the Garden.
2. The Scourging at the Pillar.
3. The Crowning with Thorns.
4. The Carrying of the Cross.
5. The Crucifixion.

### **THE GLORIOUS MYSTERIES**

1. The Resurrection of Jesus.
2. The Ascension of Jesus.
3. The Coming of the Holy Spirit.
4. The Assumption of Mary.
5. The Crowning of Mary.

