

# St George's Catholic Primary School

At St George's we grow in Body,  
Mind and Spirit.

## School Prayer Book



## Lower KS2

### **What is prayer?**

We pray when we talk and listen to God.

There are many different prayers we can use.

We can pray privately on our own or we can pray with others  
in a group.

We can pray within our family or with our friends.

### **Where can we pray?**

We can pray anywhere: in church, at home, at school or any  
other place such as while travelling or waiting somewhere.

God is always ready to listen and talk to us.

### Morning Prayer

I am promising, dear Jesus,  
To follow you today,  
To obey your every word,  
In all I do and say,  
To always be a loving child,  
Helpful, Kind and Sweet,  
To give the love you give to me,  
To everyone I meet,  
But if this promise I shall break,  
Or if I bring you sorrow,  
Then help me to begin again,  
And keep my promise tomorrow,  
Amen

### Prayer before lunch

Bless us, O God  
as we sit together,  
Bless the food we eat today.  
Bless the hands that make the food  
Bless us, O God  
Amen

Home time Prayer

Oh my Lord,  
I come to say,  
Thank you for your love today,  
Thank you for my family,  
And all the friends that you give to me,  
Guide me through the dark of night,  
Ans in the morning , send your light ,  
Amen.

Come Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and  
kindle in them the fire of your love. Send forth your  
Spirit and they shall be created. And You shall renew  
the face of the earth.

O, God, who by the light of the Holy Spirit, did  
instruct the hearts of the faithful, grant that by the  
same Holy Spirit we may be truly wise and ever enjoy  
His consolations, Through Christ Our Lord, Amen.

# Lord Have Mercy

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

## Act of Contrition

<p><i>We say this prayer to show God we are sorry for the times we have not done the right thing.</i></p>
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O my God,  
Because you are so good  
I am very sorry that I have sinned against you  
and by the help of your grace  
I will not sin again.  
Amen

## **The Apostles Creed**

I believe in God,  
the Father Almighty,  
Creator of heaven and earth,  
and in Jesus Christ, His only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
He descended into hell;  
on the third day He rose again from the dead;  
He ascended into heaven,  
and is seated at the right hand of God the Father  
Almighty;  
from there He will come to judge the living and the  
dead.

I believe in the Holy Spirit,  
the Holy Catholic Church,  
the communion of Saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.

Amen.

## **Angel of God**

Angel of God,  
my guardian dear,  
to whom God's love commits me here,  
ever to this day be at my side,  
to light and guard, to rule and guide,  
Amen

## **The Prayer of St Richard of Chichester**

Thanks to you, my Lord, Jesus Christ,  
for all the benefits you have given me,  
for all the pains and insults which you have borne for  
me,  
O most merciful Redeemer, friend and brother,  
may I know you more clearly,  
love you more dearly,  
and follow you more nearly,  
day by day,  
Amen.

