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| **Prayer and Liturgical Development Progression** | | | | | | | |
| Year | Reception | Y1 | Y2 | Y3 | Y4 | Y5 | Y6 |
| Formal  Oral  Prayers | Sign of the Cross  Glory Be | The Sign of the Cross  The Lord’s Prayer  Hail Mary  Glory Be  Grace before meals  Grace after meals | The Sign of the Cross  The Lord’s Prayer  Hail Mary  Glory Be  Grace before meals  Grace after meals | The Apostle’s Creed  An Act of Contrition  Angel of God  Come, Holy Spirit  The Prayer of St Richard of Chichester | The Apostle’s Creed  An Act of Contrition  Angel of God  Come, Holy Spirit  The Prayer of St Richard of Chichester | Morning Offering  The Rosary  The Magnificat  Act of Faith  Act of Hope  Act of Love | Morning Offering  The Rosary  The Magnificat  Act of Faith  Act of Hope  Act of Love |
| Liturgical Prayers | Simple responses:  (and with your spirit)  Peace be with you  Amen) | Simple responses  Bidding prayer responses  Responses to short litanies:  (pray for us)  Go and announce the Gospel of the Lord | Simple responses  Eucharistic acclamation:  Lord have mercy  (Holy Holy)  Bidding prayer responses  Responses to short litanies:  (pray for us) | Simple responses  Eucharistic acclamation:  (Holy Holy)  Blessed be God forever  Concluding Rites  Bidding prayer responses  Responses to short litanies:  (pray for us)  Take part in Mass Readings | All Mass prayers and responses  (using children’s Mass card)  Take part in Mass Readings | Lamb of God  All Mass prayers and responses  (using children’s Mass card)  Take part in Mass Readings  Renewal of Baptismal Promises | All Mass prayers and responses  (using children’s Mass card)  Take part in Mass Readings |
| Prayers in RED branches | Sign of the Cross  Glory Be  School Prayer/hymn | Opening of Nicene Creed  Our Father  Hail Mary  1st Phrase of the Gloria  Glory Be | Psalms as prayers to praise God.  Some words of the Magnificat.  Act of Sorrow (Contrition)  Our Father  Simple Examen  Lord have Mercy  Come Holy Spirit  Stations of the Cross | St Francis, Canticle of Creation  Extracts from Psalm of Creation  A Prayer for our Earth (Laudato Si)  Our Father  Prayers and responses said during the Eucharistic Prayer  Prayers referencing the Trinity | St Terese prayer ‘May today there be peace’  John Henry Newman ‘Mission of my life’  Bl Charles de Foucauld ‘Prayer of Abandonment.’  Nicene Creed  Apostles Creed  Marian Prayers, Hail Mary, the Angelus, the Rosary, the Magnificat, Ave Maria. | Act of Faith, Hope and Love Prayers  Little Way Week  Jesuit Pupil Profile  Psalm 23  Joyful Mysteries  O Antiphons  Vespers for 17th – 23rd December  Our Father  Sorrowful Mysteries  Simple Examen  Act of Contrition  Glorious Mysteries  Come Holy Spirit | Nicene Creed  Magnificat  Music from one of the signs of St John’s Gospel  The Stations of the Cross  Act of Faith, Hope and Love Prayers  Benediction |

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| Year | Reception | Y1 | Y2 | Y3 | Y4 | Y5 | Y6 |
| Gesture/  Action | Sign of the Cross  Sign of Peace | Sign of the Cross  Sign of Peace  Genuflection/Bow  **Use Holy water**  Take part in the offertory procession  Hands across chest for blessing at communion  Use candles for prayer | Sign of the Cross  Sign of Peace  Genuflection/Bow  **Use Holy water**  Take part in the offertory procession  Hands across chest for blessing at communion  Use candles for prayer | As for KS1 and  Sign forehead, lips and heart to greet the Gospel | As for KS1 and  Sign forehead, lips and heart to greet the Gospel | As for KS1 and  Sign forehead, lips and heart to greet the Gospel | As for KS1 and  Sign forehead, lips and heart to greet the Gospel |
| Informal Prayer | Graces before meals.  Simple prayers of thanksgiving  Simple prayers to thank God for creation. | Graces before meals.  Simple prayers of thanksgiving  Simple examen  Simple Visio Divina | Graces before meals.  Simple prayers of thanksgiving  Simple examen  Simple Visio Divina  Simple Lectio Divinia | As for KS1  Bidding prayers  Simple examen  Simple Visio Divina  Simple Lectio Divinia | As for KS1  Bidding prayers  Jesuit examen  Visio Divina  Lectio Divinia | As for KS1  Bidding prayers  Jesuit examen  Visio Divina  Lectio Divinia | As for KS1  Bidding prayers  Jesuit examen  Visio Divina  Lectio Divinia |
| Silence/  Reflection | Take part in simple still exercises | Remain still for a few moments and think quietly | Remain still for a few moments and think quietly | Participate in extended periods of stillness and quiet thoughts | Participate in extended periods of stillness and quiet thoughts | Take part in guided meditation | Take part in guided meditation |
| Independent skills of prayer and worship | Understand the reasons for a focal point to aid prayer. With help choose appropriate coloured cloth and artefact. | Independently choose coloured cloth and artefact for focal areas and contribute to prayers. | Set up an appropriate focal area on a given theme and choose a hymn and contribute to prayers. | Plan and deliver a simple liturgy for their peers choosing an appropriate scripture story Hymn/song independently. | | | |