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| **Prayer and Liturgical Development Progression**  |
| Year | Reception | Y1 | Y2 | Y3 | Y4 | Y5 | Y6 |
| Formal Oral Prayers | Sign of the CrossGlory Be | The Sign of the CrossThe Lord’s PrayerHail MaryGlory BeGrace before mealsGrace after meals | The Sign of the CrossThe Lord’s PrayerHail MaryGlory BeGrace before mealsGrace after meals | The Apostle’s CreedAn Act of ContritionAngel of GodCome, Holy SpiritThe Prayer of St Richard of Chichester | The Apostle’s CreedAn Act of ContritionAngel of GodCome, Holy SpiritThe Prayer of St Richard of Chichester | Morning OfferingThe RosaryThe MagnificatAct of FaithAct of HopeAct of Love | Morning OfferingThe RosaryThe MagnificatAct of FaithAct of HopeAct of Love |
| Liturgical Prayers | Simple responses:(and with your spirit)Peace be with youAmen) | Simple responsesBidding prayer responsesResponses to short litanies:(pray for us)Go and announce the Gospel of the Lord | Simple responsesEucharistic acclamation:Lord have mercy(Holy Holy)Bidding prayer responsesResponses to short litanies:(pray for us) | Simple responsesEucharistic acclamation:(Holy Holy)Blessed be God foreverConcluding RitesBidding prayer responsesResponses to short litanies:(pray for us)Take part in Mass Readings | All Mass prayers and responses(using children’s Mass card)Take part in Mass Readings | Lamb of GodAll Mass prayers and responses(using children’s Mass card)Take part in Mass ReadingsRenewal of Baptismal Promises | All Mass prayers and responses(using children’s Mass card)Take part in Mass Readings |
| Prayers in RED branches | Sign of the CrossGlory BeSchool Prayer/hymn | Opening of Nicene CreedOur FatherHail Mary1st Phrase of the GloriaGlory Be | Psalms as prayers to praise God.Some words of the Magnificat.Act of Sorrow (Contrition)Our FatherSimple ExamenLord have MercyCome Holy SpiritStations of the Cross | St Francis, Canticle of CreationExtracts from Psalm of CreationA Prayer for our Earth (Laudato Si)Our FatherPrayers and responses said during the Eucharistic PrayerPrayers referencing the Trinity | St Terese prayer ‘May today there be peace’John Henry Newman ‘Mission of my life’Bl Charles de Foucauld ‘Prayer of Abandonment.’Nicene CreedApostles CreedMarian Prayers, Hail Mary, the Angelus, the Rosary, the Magnificat, Ave Maria. | Act of Faith, Hope and Love PrayersLittle Way WeekJesuit Pupil ProfilePsalm 23Joyful MysteriesO AntiphonsVespers for 17th – 23rd DecemberOur FatherSorrowful MysteriesSimple ExamenAct of ContritionGlorious MysteriesCome Holy Spirit | Nicene CreedMagnificatMusic from one of the signs of St John’s GospelThe Stations of the CrossAct of Faith, Hope and Love PrayersBenediction |

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| Year | Reception | Y1 | Y2 | Y3 | Y4 | Y5 | Y6 |
| Gesture/Action | Sign of the CrossSign of Peace | Sign of the CrossSign of PeaceGenuflection/Bow **Use Holy water**Take part in the offertory processionHands across chest for blessing at communionUse candles for prayer | Sign of the CrossSign of PeaceGenuflection/Bow**Use Holy water**Take part in the offertory processionHands across chest for blessing at communion Use candles for prayer | As for KS1 andSign forehead, lips and heart to greet the Gospel | As for KS1 andSign forehead, lips and heart to greet the Gospel | As for KS1 andSign forehead, lips and heart to greet the Gospel | As for KS1 andSign forehead, lips and heart to greet the Gospel |
| Informal Prayer | Graces before meals.Simple prayers of thanksgivingSimple prayers to thank God for creation. | Graces before meals.Simple prayers of thanksgivingSimple examenSimple Visio Divina  | Graces before meals.Simple prayers of thanksgivingSimple examenSimple Visio DivinaSimple Lectio Divinia | As for KS1 Bidding prayersSimple examenSimple Visio DivinaSimple Lectio Divinia | As for KS1 Bidding prayersJesuit examenVisio DivinaLectio Divinia | As for KS1 Bidding prayersJesuit examenVisio DivinaLectio Divinia | As for KS1 Bidding prayersJesuit examenVisio DivinaLectio Divinia |
| Silence/Reflection | Take part in simple still exercises | Remain still for a few moments and think quietly | Remain still for a few moments and think quietly | Participate in extended periods of stillness and quiet thoughts | Participate in extended periods of stillness and quiet thoughts | Take part in guided meditation | Take part in guided meditation |
| Independent skills of prayer and worship | Understand the reasons for a focal point to aid prayer. With help choose appropriate coloured cloth and artefact. | Independently choose coloured cloth and artefact for focal areas and contribute to prayers. | Set up an appropriate focal area on a given theme and choose a hymn and contribute to prayers. | Plan and deliver a simple liturgy for their peers choosing an appropriate scripture story Hymn/song independently. |