

St George's Catholic Primary School

At St George's we grow in Body,
Mind and Spirit.

School Prayer Book



Year 3 and 4

What is prayer?

We pray when we talk and listen to God.

There are many different prayers we can use.

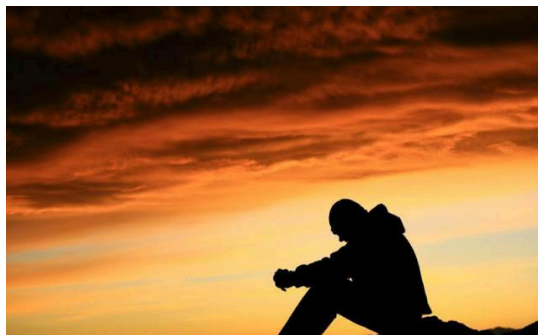
We can pray privately on our own or we can pray with others
in a group.

We can pray within our family or with our friends.

Where can we pray?

We can pray anywhere: in church, at home, at school or any
other place such as while travelling or waiting somewhere.

God is always ready to listen and talk to us.



Sign of the Cross

The sign of the cross is our most special Christian sign. We make the sign of the cross at the beginning and end of many things we do.

In the name of the Father and of the Son and of the Holy Spirit.

Amen

Hail Mary

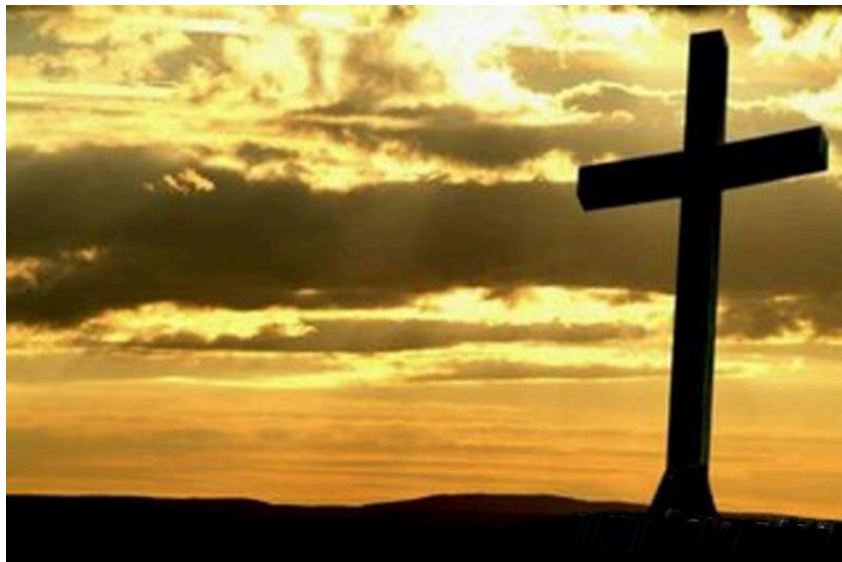
The first part of the Hail Mary was said for the first time by the Angel Gabriel. The second part was said by Elizabeth when Mary went to visit her.

Hail Mary, full of grace, the Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners now and at the hour of our death.
Amen

Our Father

*When one of the disciples asked Jesus how to pray, He taught us the
Our Father prayer.*

Our Father,
Who art in heaven,
hallowed be Thy name;
Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
Amen



Morning Prayer

I am promising, dear Jesus,
To follow you today,
To obey your every word,
In all I do and say,
To always be a loving child,
Helpful, Kind and Sweet,
To give the love you give to me,
To everyone I meet,
But if this promise I shall break,
Or if I bring you sorrow,
Then help me to begin again,
And keep my promise tomorrow,
Amen

Prayer before lunch

Bless us, O God
as we sit together,
Bless the food we eat today.
Bless the hands that make the food
Bless us, O God
Amen

Home time Prayer

Oh my Lord,
I come to say,
Thank you for your love today,
Thank you for my family,
And all the friends that you give to me,
Guide me through the dark of night,
Ans in the morning , send your light ,
Amen.

Prayer for the Sick

Dear Lord,
We pray for all our families and friends who are sick
that they may feel God's love,
Amen.

The Lord be With You

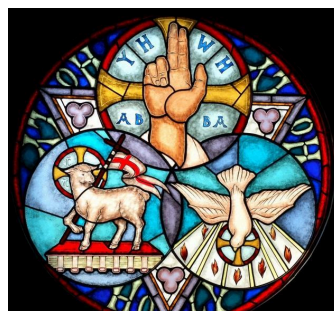
The Lord be with you,
And with your spirit,
Lift up your hearts,
we lift them up to the Lord our God,
Let us give thanks to the Lord our God,
It is right and just.

Glory Be

*In this prayer, we praise the Holy Trinity: God the Father, God the Son
and God the Holy Spirit.*

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen



The Gloria

Glory to God in the highest. And on earth peace to men of good will. We praise You. We bless You. We adore you. We glorify You. We give You thanks for Your great glory. O Lord God, heavenly King, God the Father almighty. O Lord Jesus Christ, the Only-begotten Son. O Lord God, Lamb of God, Son of the Father: you Who take away the sins of the world, have mercy on us. You Who take away the sins of the world, receive our prayer. You Who sit at the right hand of the Father, have mercy on us. For you alone are holy. You alone are the Lord. You alone, O Jesus Christ, are most high. Together with the Holy Spirit in the glory of God the Father. Amen.

Come Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord, Amen.

Lord Have Mercy

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Act of Contrition

We say this prayer to show God we are sorry for the times we have not done the right thing.

O my God,
Because you are so good
I am very sorry that I have sinned against you
and by the help of your grace
I will not sin again.
Amen

The Rosary

The Rosary is a prayer to Mary. It consists of 5 decades, each beginning with a short thought about one of the mysteries. In each decade we say 1 Our Father, 10 Hail Marys and 1 Glory Be. We can use the Rosary beads to help counting. There are 4 sets of Mysteries.

THE JOYFUL MYSTERIES

1. The Annunciation to Mary.
2. The Visitation to Elizabeth.
3. The Nativity (Birth of Jesus).
4. The Presentation of Jesus in the Temple.
5. The finding of Jesus in the Temple.

THE LUMINOUS MYSTERIES

1. The Baptism of Jesus in the River.
2. The Wedding at Cana.
3. The Proclamation of God's Kingdom.
4. The Transfiguration of Jesus.
5. The Institution of the Eucharist.

THE SORROWFUL MYSTERIES

1. The Agony in the Garden.
2. The Scourging at the Pillar.
3. The Crowning with Thorns.
4. The Carrying of the Cross.
5. The Crucifixion.

THE GLORIOUS MYSTERIES

1. The Resurrection of Jesus.
2. The Ascension of Jesus.
3. The Coming of the Holy Spirit.
4. The Assumption of Mary.
5. The Crowning of Mary.



Stations of the Cross

In the Stations of the Cross we walk with Jesus carrying the cross to Mount Calvary. We think of what he went through when he suffered and died to save us from sin.

1. Jesus is condemned to death.
2. Jesus accepts his cross.
3. Jesus falls for the first time.
4. Jesus meets his mother
5. Simon helps carry the cross.
6. Veronica wipes the face of Jesus.
7. Jesus falls for the second time.
8. Jesus speaks to the women.
9. Jesus falls for the third time.
10. Jesus stripped of his garments.
11. Jesus is nailed to the cross.
12. Jesus dies on the cross.
13. Jesus is taken down from the cross.
14. Jesus is laid in the tomb.



Eucharistic Prayers

I confess

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God

Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.

Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

We proclaim your Death, O Lord, and profess
your Resurrection until you come again.

Lord, I am not worthy that You should enter
under my roof, but only say the word and my soul
shall be healed