# St George's Catholic Primary School At St George's we grow in Body, Mind and Spirit.

# School Prayer Book



# KS 1

### What is prayer?

We pray when we talk and listen to God.

There are many different prayers we can use.

We can pray privately on our own or we can pray with others in a group.

We can pray within our family or with our friends.

#### Where can we pray?

We can pray anywhere: in church, at home, at school or any other place such as while travelling or waiting somewhere.

God is always ready to listen and talk to us.



## Sign of the Cross

The sign of the cross is our most special Christian sign. We make the sign of the cross at the beginning and end of many things we do.

In the name of the Father and of the Son and of the Holy Spirit.

Amen

## Hail Mary

The first part of the Hail Mary was said for the first time by the Angel Gabriel. The second part was said by Elizabeth when Mary went to visit her.

Hail Mary, full of grace, the Lord is with thee.

Blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners now and at the hour of our death.

Amen

#### Our Father

When one of the disciples asked Jesus how to pray, He taught us the Our Father prayer.

Our Father,
Who art in heaven,
hallowed be Thy name;
Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

Amen



#### Morning Prayer

Help me to do the things I should,
To be kind to others and good,
In all I do at work and play,
To grow more loving every day,
Amen

Prayer before lunch
Bless us, O God
as we sit together,
Bless the food we eat today.
Bless the hands that make the food
Bless us, O God
Amen

### <u>Home time Prayer</u>

Thank you God for my nice day,
For fun and friends at work and play,
Thank you four your loving care,
At home, at school and everywhere,
Amen

### Glory Be

In this prayer, we praise the Holy Trinity: God the Father, God the Son and God the Holy Spirit.

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen

